## UNICOI COUNTY FAMILY YMCA GYM SCHEDULE



## GYM NOT AVAILABLE DURING SUMMER CAMP HOURS MAY 20<sup>TH</sup> – AUGUST 11TH

ONDAY-WEDN	ESDAY-F	RIDAY	
5:30 - 7:00	GYM	18+ OPEN GYM	YMCA
7:00 - 9:30	GYM	SUMMER CAMP	YMCA
10:00 - 11:00	GYM	SENIOR FIT (1/2 GYM DURING BAD WEATHER)	Linda T
11:00 - 6:00	GYM	SUMMER CAMP	YMCA
6:15 - 7:45	GYM	OPEN FAMILY GYM (MONDAY ONLY)	YMCA
6:15 - 7:45	GYM	BASKETBALL MEN PICK UP (WED & FRI ONLY)	YMCA
IESDAY & THU	IRSDAY		
5:30 - 7:00	GYM	18+ OPEN GYM	YMCA
7:00 - 6:00	GYM	SUMMER CAMP	YMCA
11:00 - 12:45	½ GYM	BASKETBALL	NFS
6:15 - 7:45	GYM	PICKLEBALL	YMCA
TURDAY			
8:00 -12:00	GYM	OPEN FAMILY GYM	YMCA
INDAY	·		,
1:00 - 3:00	GYM	OPEN FAMILY GYM	YMCA
3:00 - 5:00	GYM	PICKLEBALL	YMCA
	5:30 - 7:00 7:00 - 9:30 10:00 - 11:00 11:00 - 6:00 6:15 - 7:45 6:15 - 7:45 ESDAY & THU 5:30 - 7:00 7:00 - 6:00 11:00 - 12:45 6:15 - 7:45 TURDAY 8:00 -12:00 INDAY 1:00 - 3:00	5:30 - 7:00 GYM 7:00 - 9:30 GYM 10:00 - 11:00 GYM 11:00 - 6:00 GYM 6:15 - 7:45 GYM 6:15 - 7:45 GYM  ESDAY & THURSDAY 5:30 - 7:00 GYM 7:00 - 6:00 GYM 11:00 - 12:45 ½ GYM 6:15 - 7:45 GYM  TURDAY 8:00 -12:00 GYM  INDAY 1:00 - 3:00 GYM	7:00 - 9:30 GYM SUMMER CAMP  10:00 - 11:00 GYM SENIOR FIT (1/2 GYM DURING BAD WEATHER)  11:00 - 6:00 GYM SUMMER CAMP  6:15 - 7:45 GYM OPEN FAMILY GYM (MONDAY ONLY)  6:15 - 7:45 GYM BASKETBALL MEN PICK UP (WED & FRI ONLY)  FESDAY & THURSDAY  5:30 - 7:00 GYM SUMMER CAMP  11:00 - 6:00 GYM SUMMER CAMP  11:00 - 12:45 ½ GYM BASKETBALL  6:15 - 7:45 GYM PICKLEBALL  TURDAY  8:00 -12:00 GYM OPEN FAMILY GYM

## **GYM HOURS**

MON - FRIDAY: 5:30 AM - 8 PM SATURDAY: 8 AM - 12 PM

SUNDAY: 1 PM - 5 PM

## **CHILD WATCH**